

Loving Hut

By Lori Romano

Different & Delicious

Most people have visited at least one restaurant that they absolutely loved, the kind of restaurant they regularly patronize and recommend to all of their friends. Yet very few people enjoy a restaurant so much that they sit down when they arrive home to send the owner a thank you card. Walk into Loving Hut restaurant in Glendale and you'll see several bulletin boards overflowing with handwritten notes and cards penned by hundreds of satisfied customers.

"The boards speak for themselves," owner Ngan Tran explains humbly. "We make food that makes our customers happy."

While each restaurant is individually owned and operated, Loving Hut is one of the fastest growing vegan restaurant chains in the world. Created by artist, entrepreneur and spiritual teacher Supreme Master Ching Hai, Loving Hut restaurants offer wholesome gourmet vegan cuisine that is both delicious and affordable.

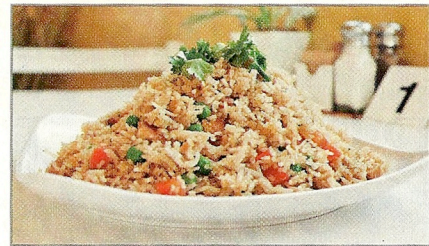


The menu at each Loving Hut location is different and unique, not only to the tastes of the individual city, but to the talented chefs creating the dishes as well. Sit down for a meal in the West Valley location, and you will certainly not be disappointed. There is something for every taste and appetite.

Cool off first with something from the beverage menu. If you're looking for a light and creamy drink with a delicate hint of sweetness, try the Pink Lady—a mix of cranberry juice and organic soy milk topped with rose petals. Or delight your taste buds with the perfect blend of sweet and tart when you order the Happy Go Lucky—a mix of lemon, lime and rose juices topped with fresh lime zest and rose petals.

Next, start your meal with an order of BBQ Rolls made with BBQ soy protein, vermicelli, pickles, peanuts and lettuce wrapped in rice paper and served with a tangy dipping sauce. Or try a colorful Rainbow Salad with purple cabbage, green cabbage, carrot, cilantro, soy protein and roasted peanuts topped with a delicious homemade dressing.

For your main course, try the aptly named Golden Beauty—crispy fried soy protein, lemongrass, spicy seasonings and pickles served on top of freshly cropped lettuce. Or try the SAVE-PLANET Curry, traditional Indian curry with carrot, potato, gluten, bell pepper, onion, tofu and mushroom, served with a side of Indian



bread. Are you looking for something with a little kick? Order a plate of the Spicy Cha Cha made from yam-based protein, green bell pepper, red bell pepper, onion, celery and spicy seasonings served on a bed of chopped lettuce.

Whatever you do, don't miss the dessert menu, where you'll find delicious vegan versions of some of your traditional favorites. Savor a spoonful of Silky Flan, or share a sumptuous slice of moist carrot cake. Whatever you order, you certainly won't be disappointed.

"We serve food that is beautiful and delicious," Tran explains. "It's not just good for you; it's good for the environment too."

If you are ready for something different and delicious, visit Loving Hut in Glendale. "You don't find a lot of vegan restaurants in this area," Tran says. "We aren't here to serve just vegans and vegetarians. We are here to serve everyone who is looking for wonderful, healthy food."

Loving Hut
Vegan Cuisine
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